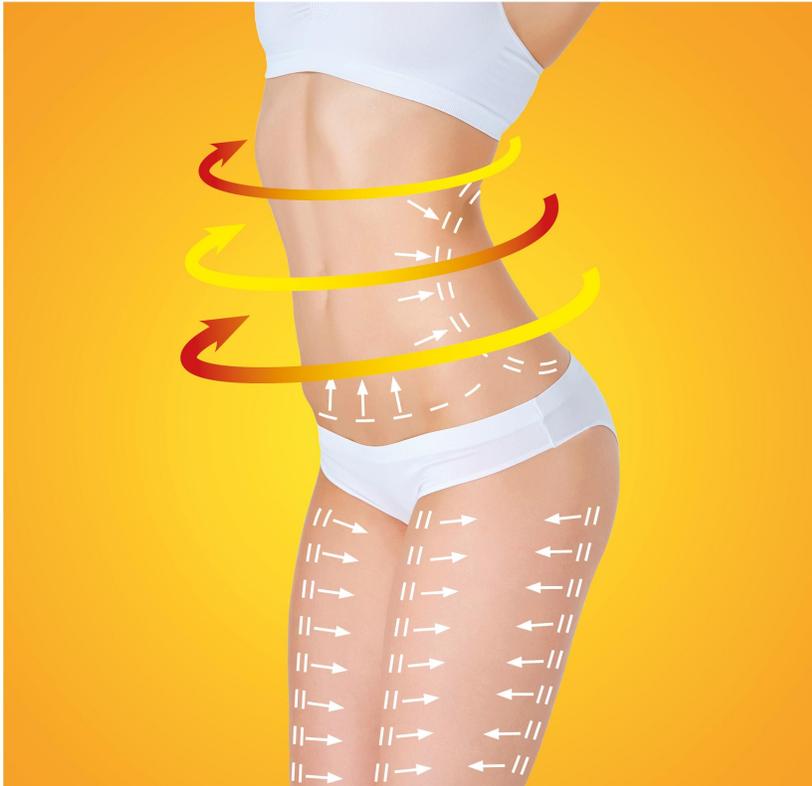


# Lipo360: All you need to know



## Overview

Do you want to lose weight but are unable to shed those extra kilos in the gym?

Whether you wish to fit in your wedding dress or want to feel confident in your bathing suits or summer shorts, we are here to help you!!

In the age of Instagram, Facebook, and Snapchat, everyone can become celebrities or influencers. More and more people want to look better not just for their pictures but because they want to get healthier. Lipo procedures can help you reduce the fat from those stubborn fat deposits and reshape your midriff to give you that toned body you have always desired.

## **WHAT IS LIPO360, AND HOW IS IT DIFFERENT FROM TRADITIONAL LIPOSUCTION?**

Lipo360 is a liposuction technique that removes fat from the circumference of your entire midsection. It shapes your midriff the entire way around, including the upper and lower abdomen, the back, and the sides (flanks), unlike traditional liposuction procedures, which target just the abdomen's stubborn fat deposits.

## **HOW DOES IT WORK?**

Lipo360 is a minimally invasive liposuction technique performed under local anesthesia. All the extra fat is removed from around the middle of the body, and the abdomen is contoured using a skin tightening treatment to remove the excess skin, providing you a transformed body.

## **WHO CAN GO FOR LIPO 360 PROCEDURE?**

Your plastic surgeon will examine you to determine whether you are a good candidate for the lipo360 procedure. If your BMI is over 40, you may not benefit a lot from lipo360, and you may be advised to reach a target weight before opting for this procedure.

## **HOW FAST CAN I SEE THE RESULTS?**

When you opt for Lipo360, the recovery is fast with minimal downtime. You can return to your everyday life and resume your daily activities in just a few days. However, this may vary from person to person as the recovery time depends on many factors. To achieve the best results, it is advisable to follow your post-op instructions properly.

## **BENEFITS OF LIPO THERAPY**

The benefits of Lipo360 lie in the results, which speak for themselves. While traditional liposuction focuses mainly on removing the maximum amount of fat from stubborn areas, Lipo360 is more concerned about providing you a contoured look overall. It employs circumferential liposuction with skin tightening to reshape your body proportionately. You can get a toned body and curvier silhouette in no time!

## **LIPO SURGERY: WHAT TO EXPECT**

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Before the procedure, your doctor will examine your body and consult you to understand your needs and objectives for opting for this treatment. Your complete medical history, family history, current or past medical conditions, etc., will be recorded. On the day of the procedure, anesthesia will be administered based on your preferences. Incisions will be placed in the areas marked on your midriff to gain access to the underlying fat deposits. Worry not; you'll not feel a thing!! The fat cells will be removed from your body, and sutures will be placed to promote healing.

Recovery time is generally 2 to 4 weeks, while you can resume work in 1 to 5 days. You can notice results almost immediately once the swelling subsides. You must follow post-op instructions to achieve the best results. The incision marks fade within a few weeks, and you can soon notice your sculpted body!

Reach us at ....., if you have any queries regarding transforming your body, we'll be happy to help!!